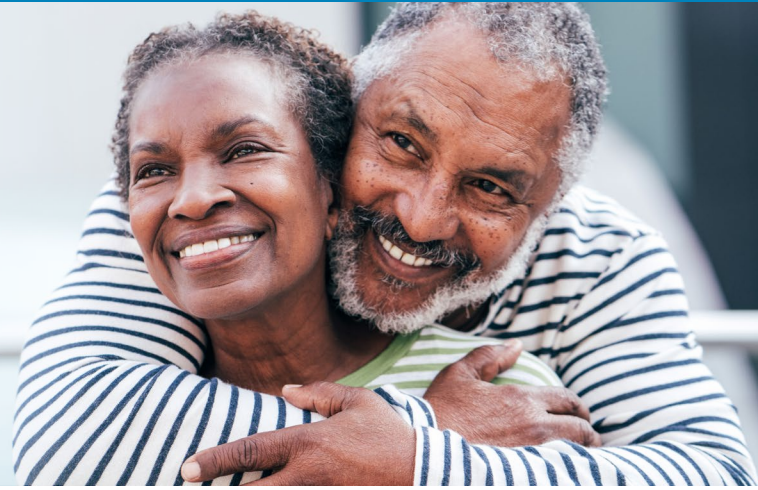


# Over the Counter Wellness Benefit for 2023



KAISER PERMANENTE SENIOR ADVANTAGE (HMO AND HMO-POS)

## Use your Over the Counter (OTC) benefit to order OTC health and wellness products

You can use your benefit to order:

- First-aid supplies
- Aspirin
- Cough, cold and allergy medicine
- Incontinence products
- And more

It is important to note that the OTC products are intended for member's health and medical use only. The health information provided is general in nature and is not medical advice or a substitute for professional health care.

Ready to order? It's easy! Call or click

Place your order for your OTC health and wellness products in one of the following ways:



[kp.org/otc/co](https://kp.org/otc/co)



1-833-238-6616 (TTY 711) Monday-Friday, 6 a.m.-5 p.m. MST

Please refer to your Evidence of Coverage for details regarding the OTC benefit. OTC benefit may change each year on January 1. Minimum OTC order \$35. Any unused portion of the quarterly benefit will not carry forward to the next quarter. Your order may not exceed your maximum benefit allowance. Limitations and restrictions may apply. Cash, checks, credit cards, or money orders are not accepted.

Kaiser Permanente is an HMO plan with a Medicare contract. Enrollment in Kaiser Permanente depends on contract renewal. You must reside in the Kaiser Permanente Medicare health plan service area in which you enroll.

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